

10X International School
SPORTS POLICY
2023-24

1) Introduction:

- a) This policy outlines the guidelines and expectations for sports activities at 10X International School, which has outsourced its sports programs to an external sports academy.
- b) The primary objective is to promote leadership skills, physical well-being and overall development of the students through structured sports programs.
- c) The policy aims to establish a safe, inclusive, and supportive environment for all participants.

2) Partnership with External Sports Academy

- a) **10X International School** has partnered with **Lakshyan Academy of Sports Private Limited** herein referred as '**Lakshyan**' to deliver high-quality sports program for its students across all grades.
- b) The academy will provide trained coaches, infrastructure, equipment, and resources required for the sports activities.
- c) The academy will work closely with the school administration, teachers, and parents to ensure effective coordination and communication.
- d) The partnership would be in effect from August 1, 2023, and shall remain in force for a period of twelve (12) months ("**Term**"), unless terminated earlier.

3) Selection of Sports and Programs

- a) The school, in consultation with the Lakshyan Academy, will determine the range of sports and programs offered
- b) Efforts will be made to offer a diverse selection of sports to cater to the interests and abilities of all students.
- c) Consideration will be given to age-appropriate sports activities and the availability of suitable facilities.

- d) During the term of the partnership, Lakshyan shall be engaged by the school as an official sporting partner for providing coaching/ training services (“**Services**”) to students enrolled in the school, for the following sports:
 - i) Basketball.
 - ii) Badminton
 - iii) Football; and
 - iv) Swimming
- e) Each student shall be enrolled for a minimum period of three (3) months for a particular sport and shall not be permitted to switch/ change to a different sport before the completion of three (3) months from their date of enrollment for such sport.
- f) We would need at least 5 kids in each of the sport/batches to offer a particular sport mentioned above.

4) Participation and Eligibility

- a) All students enrolled at 10X International School will have the opportunity to participate in sports activities.
- b) Eligibility criteria, such as age requirements or skill levels, may be established for specific sports or programs.
- c) Students must comply with the school's code of conduct and meet academic requirements to maintain their participation in sports.

5) Engagement and Implementation

- a) The coaching/ training sessions shall be conducted at Lakshyan three (3) days a week, with each session having a duration of approximately one (1) hour.
- b) Each student shall be enrolled for a minimum period of three (3) months for a particular sport and shall not be permitted to switch/ change to a different sport before the completion of three (3) months from their date of enrollment for such sport.
- c) Each student would be entitled to one session per week.
- d) No compensatory classes/adjustment of training classes would be allowed.
- e) Lakshyan would provide the school with assessment of the performance of the students pursuant to the coaching/ training sessions, every three (3) months.
- f) As and when the coaches identify a talented individual, Lakshyan shall inform and discuss with the concerned parent/guardian and provide a pathway for their development. This would involve them joining the regular batches based on their skill level which shall be recommended by Lakshyan. The cost for this additional training will be borne by the parents in mutual agreement with Lakshyan.

6) Training and Coaching

- a) Coaches from Lakshyan academy will be responsible for providing training and coaching to the students.
- b) Coaches will possess the necessary qualifications, experience, and expertise in their respective sports.
- c) Coaches will promote fair play, sportsmanship, and the values of teamwork, respect, and discipline among the students.
- d) The coach to student ratio for Basketball shall be 1:15, Badminton 1:8 and Football 1:12. Accordingly for the respective sport to be activated, Lakshyan would need at least 5 kids in each of the sport/batches.
- e) The coach to student ratio for Basketball shall be 1:15, Badminton 1:8, Swimming 1:8 and Football 1:12.

7) Safety and Well-being

- a) Lakshyan academy will be responsible for ensuring the safety and well-being of the students during sports activities.
- b) Adequate measures will be taken to minimize the risk of injuries, including appropriate warm-up exercises, equipment checks, and supervision.
- c) Any incidents or injuries occurring during sports activities will be promptly reported to the school administration and parents/guardians.
- d) Each student is to ensure that there is no damage to the sporting arena or to the equipment provided by Lakshyan. For any such damage, the liability would fall on the student's respective parent.
- e) Lakshyan will ensure the availability of at least one physiotherapist each session/ day for the purposes of treating students in the event of any minor injuries, sprains, strains etc. suffered by them in the course of their training. For this purpose, any additional support that may be provided on ground, separate charges would apply, the invoice for this shall be provided to the respective parent. It is hereby clarified that in case of an emergency, i.e., in the event a student suffers from a serious bodily injury in the course of training session, Lakshyan shall immediately intimate the same to the School, who in turn, shall duly inform the concerned student's parent(s)/ legal guardian(s). In the meantime, Lakshyan shall, transfer the student to the nearby hospital and undertake necessary measures to manage the situation and lend assistance to the concerned student. The expenditure for medical treatment shall be borne by the parent/legal guardian.
- f) Emergency Action Plan
 - i) Depending on the nature, casualties will be classified as under:
 - (1) Minor – Minor injuries, cuts, bruises, headaches etc which can be treated by the nurse.
 - (2) Major – Emergencies which the nurse cannot handle, and the local doctor has to be called.
 - (3) Serious – Emergencies in which the participant must be evacuated to a hospital at Sarjapura or Bangalore.

- ii) In case of any medical emergency, the medical professional appointed by Lakshyan Academy present will provide first aid to the participant on site.
- iii) Lakshyan Academy/ Teacher In charge to inform the coordinator who will further inform CEO/Principal. The coordinator will also inform the parents in major and serious cases.
- iv) Evacuate casualty to the nearest hospital at Sarjapura, if required with a guide (preferable an accompanying teacher).
- v) Evacuate the casualty to Bangalore as per instruction by doctor/medical professional accompanied by teacher. Lakshyan/ 10X to arrange transport/ambulance. This would be on case-to-case basis.
- vi) Teacher will take feedback from hospital and communicate the same to CI, ISL and Leadership Coordinator, IIS.
- vii) Participants will not be charged for first aid and medicine available in infirmary. Any extra medical expenses i.e., doctor's fee, hospitalization charges, purchase of medicine and transportation charges from the academy to hospital or the academy to school, will be paid from petty cash. Receipts of these expenditures will be handed over to Admin – in-charge 10X who will submit them to accounts department of the school for reimbursement. The school will collect the cost incurred from respective parents.
- viii) After any incident/accident, case to be investigated and relevant order may be promulgated by Director for prevention.

8) Communication and Feedback

- a) Regular communication channels will be established between the Lakshyan academy, school administration, teachers, and parents.
- b) Parents/guardians will be kept informed about the sports programs, schedules, and any changes through newsletters, meetings, or online platforms.
- c) Feedback from students, parents, and staff regarding the sports programs and their overall experience will be encouraged and taken into consideration for improvement.

9) Evaluation and Review

- a) The school administration, in collaboration with the Lakshyan academy, will periodically evaluate the effectiveness and impact of the sports programs.
- b) The policy will be reviewed annually, or as necessary, to ensure its alignment with the school's objectives and to incorporate any improvements or adjustments required.

10) Policy Dissemination

- a) This sports policy will be made available to all stakeholders, including students, parents, teachers, and staff.
- b) The policy will be accessible on the school's website or other designated platforms.